

From the Pastor . . .



It's a New Year and I know many of us will be making New Year's resolutions. The truth is that many make resolutions but usually give up on them within the first two months. Only 8% of people who make resolutions keep them throughout the New Year. In the crazy busy world of go-go-go I desire some peace and quiet. That is harder to find as the years progress.

According to the Environmental Protection Agency, 183 million people are regularly exposed to noise levels labeled as excessive. The noise levels are increasing faster than the population has increased. Noise is everywhere. We listen to music in our cars, restaurants have TV's, we are exposed to construction noise, highway traffic sounds, sirens, airplanes and so much more.

Filmmakers reported that in 1968 it would take 15 hours of recording outside to produce 1 hour of nature sounds absent of man-made sounds. Today it is reported that it takes 2000 hours of recording to produce that same one hour of nature sounds.

Jesus had two regular disciplines: silence and solitude in prayer. In fact in the gospels we learn of at least 5 times that Jesus withdrew to a secluded place to pray. Jesus said to his disciples, "Come away to a deserted place all by yourselves and rest a while." (Mark 6:31)

We desire the place of rest but the secluded place or the possibility of complete silence unnerves us. Why? What are we afraid of?

Silence is necessary in a conversation to hear the input of the other parties. Hearing, *truly* hearing the other requires us to release our mind from formulating what we desire to say next. If we desire God's input and direction for our lives, then how do we expect to hear God when we aren't ready to be silent and listen? May 2019 bring you the gift of silence so that you can hear God speak his love into your life.

Pastor Marti

From The Hunger Church Staff

Thank you!

The entire staff of Charles Wesley UMC would like to thank you all for your Christmas gifts this season. Your generosity continues to bless us in so many ways throughout the year. It has been a pleasure to be a part of this church in 2018 and we look forward to serving with you all in 2019!

*Blessings,
Marti, Matt, Mary and Leslie Jane*

“Second Mile Giving”

And if anyone forces you to go one mile, go also the second mile. Give to anyone who begs from you, and do not refuse anyone who wants to borrow from you. (Matthew 5:41-41) This is the basis of the term you often hear, Second Mile Giving. Second Mile Giving goes beyond our normal offerings (the First Mile Giving fulfills our World Service commitments).

One-hundred percent of your Second Mile Giving goes directly to the organizations you have designated which include UMCOR (The United Methodist Committee on Relief), SHARE, Heifer, and Society of Saint Andrews. In 2018, thanks to your generosity in supporting our mission of Being the Helping Hands of God, our Second Mile Giving exceeded \$9,000.

Church Financial Report

Leslie Jane Fahrney, Treasurer

Below are the total income and expenses for January to November 2018, compared to an average of the previous three years for the same period. For more information, please see Leslie Jane.

Nov 2018	Average 2015-2017
Total Income	
\$177,634.49	\$172,968.91
Total Expense	
\$160,925.03	\$174,804.57
Net Income	
\$16,709.46	(\$1,835.66)
Percentage Apportionments Paid	
33.5%	

UM Women News

There will be no Missionettes Circle meeting this month. Please join us next month, place and date to be determined.



Scouting Corner:

A Scout is Kind - And our Scouts really know how to help those in need. This fall, Pack 1127 distributed Scouting for Food notes around the McLean area (within the Kent Gardens, Lemon Road, and Westgate school zones) and Troop 1130 picked up the generous offerings of our neighbors, delivering 2,574 pounds of food to the Share pantry. Those of us who participated in the Fall Clean-up Day at the Church got to see the organization and energy of the Troop on that frigid pick-up day (and got an assist or two from a couple of Scouts in their "down time" while they warmed up in the Fellowship Hall afterward!!)

And our Scouts' kindness didn't end there. Pack 1127 rallied together to make sandwiches for Martha's Table during their annual Holiday meeting, making 135 sandwiches for those in need!!! Makings ran out before the Cub Scouts ran out of energy, and their multiple assembly lines were a sight to behold! I was very honored and pleased to thank the Cub Scouts on behalf of the Hunger Church, and shared our name, our heart, and our mission with these future leaders. Well done, Scouts!!!!

Sheila Frace

Hope and the New Year

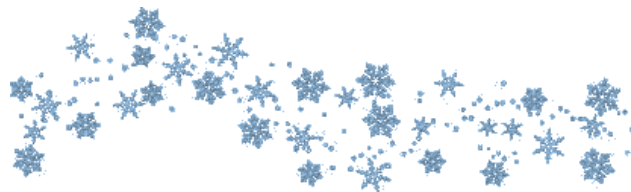
My husband is a huge baseball fan. He loves baseball the way I love shopping, lobster, and dark chocolate. He's like a kid at Christmas as Spring Training approaches. On baseball's Opening Day, he parks himself in front of the TV for hours with remote in hand.

The excitement of baseball's Opening Day is not lost on me. What I like about it is that on that day, every team in baseball is in first place! The day is full of hope of things to come and the prospect of making the playoffs, becoming division champions, and possibly winning the World Series. This is true for each and every team—regardless of where they finished the previous season. In fact, in 1991, the Minnesota Twins won the World Series after finishing in last place at the end the previous season!

New Year's Day is not unlike baseball's Opening Day. It's a day when we can forget the mistakes of the previous year and look forward with hope at the year to come. Many of us will capture our hope in our New Year's resolutions, expecting that we can break our bad habits and replace them with useful ones.

In the Old Testament, we find these words: "For I know the plans I have for you," declares the Lord, "plans to prosper you and not to harm you, plans to give you hope and a future." Jeremiah 29:11 (NIV). What positive plans God has for us. With assurances such as these, we're sure to hit our New Year's plan out of the park!

Liz Rothrock



Inclement Weather Policy

There will be an announcement **ONLY IF SUNDAY ACTIVITIES ARE CANCELED**, due to hazardous weather conditions. To find out if Sunday School and Sunday Worship are cancelled, please refer to the website: www.TheHungerChurch.org or call the office voice mail for info: 703-356-6336.

For cancellation of activities during the week due to weather, the leaders of Missionettes, UMM, UMW, choir, etc. will contact their members directly.

Bi-District Leadership Training Day

Saturday, January 12, 2018

Floris UMC, 13600 Frying Pan Road, Herndon, VA

Bi-District Training Day 2019 will feature Rev. Dr. Elaine Heath as the keynote speaker. *More details to come soon.*

Early Registration opened November 15.
Registration cost went up December 15.

Register at BDTD.NoVaUMC.org

2019 Administrative Council

Chair, Administrative Council	Tylee Smith
Lay Leader	Elaine Schneider
Lay Delegate Annual Conference	Elaine Schneider
Reserve Lay Delegate Annual Conference	Leslie Jane Fahrney
Chair, Trustees	<i>To be Determined</i>
Co-Chair, Finance	Kimberly Blue Luke
Chair, Stewardship	Bob Schneider
Chair, Staff Parish Relations	Dale Thompson
Team Leader, Mission and Justice Team	Dale Thompson
Team Leader, Welcoming and Spiritual Growth	Jennifer Baker
Treasurer	Leslie Jane Fahrney
Financial Secretary	Sharon Pedersen
District Steward	David Smith
District Conference Delegate	Leslie Jane Fahrney
Reserve District Conf. Delegate	Sheila Frace

Members At Large

2019	2020	2021
Jennifer Baker Mary Brown	Dave Smith	<i>To be determined</i>

Happy JANUARY Birthday!

15th: Bill Powell

26th: Janet Davenport, Emilie Paulk, &
Sharon Pedersen

We want to celebrate YOU by posting your birthday in our monthly newsletter. Please let the office know your date of birth so we can update our membership database. Not to worry - only the date will be posted, not the year. *Thank you!*

The **2019 Church Directory** will be put together and printed in January. If you have any changes (not already given) to your information, please email or call me with those changes..If you would like to have your mobile number added, I will do this 'by request' only.

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www.shannonburns.com



"Dear Lord...each week in the new year
I resolve to read one book of the Bible
and memorize one chapter.

I feel led to begin with Philemon and Psalm 117..."

Sunday Volunteers - Thank you!

Sunday Greeter Schedule

Janet Davenport, Contact

Jan 6	Jann Thompson
Jan 13	Pat Cox
Jan 20	Becky & Leslie Jane Fahrney
Jan 27	Barb & Bill Powell

Sunday Usher Schedule

Bob Schneider, Contact

Jan 6	Sharon Pedersen, Bob Schneider
Jan 13	Soon Young Carroll, Mary Lucius
Jan 20	Bill Powell, Bob Schneider
Jan 27	Soon Young Carroll, Leslie Fahrney

Sunday Reader Schedule

Leslie Jane Fahrney, Contact

Jan 6	Vicki Herrmann
Jan 13	Joe Baker
Jan 20	Tylee Smith
Jan 27	Jennifer Baker

Sunday Fellowship Reception Schedule

See Bulletin Board for Sign-ups (needed!)

Jan 6	Vicki Herrmann
Jan 13	
Jan 20	
Jan 27	

Monthly Building Steward

Dave Smith, Contact

January	Dave Smith
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*If you need to change your volunteer date, please
arrange it with another volunteer and let the church
office know right away.*

*Sign-ups for flowers and for receptions are
needed for upcoming months. **Please**
consider filling in the sign-up sheets on
the bulletin board by the
coat racks.*

ACTIVITIES CALENDAR

January 2019

<u>Sunday</u>	<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>	<u>Saturday</u>
		1 <i>New Year's Day</i> OFFICE CLOSED 10:00 am AA Group Disciples' Room	2			5 7:00 pm AA Group Disciples' Room
6 9:00 am Sunday School 10:30 am Worship 11:30 am Reception 3:00 pm Crew Fellowship Hall	7 10:00 am AA Group Disciples' Room	8 10:00 am AA Group Disciples' Room 7:00 pm Boy Scouts 7:00 pm Choir Rehearsal	9 7:00 pm Den 5 Fellowship Hall	10 6:45 pm AA Group Disciples' Room	11	12 BI-DISTRICT TRAINING DAY <i>Floris UMC</i> 7:00 pm AA Group Disciples' Room
13 7:45 am UMM Breakfast 9:00 am Sunday School 10:30 am Worship 11:30 am Reception 1:30 pm Girl Scouts Fellowship Hall 4:00 pm Den 1 Fellowship Hall	14 10:00 am AA Group Disciples' Room 3:15 pm Den 3 Fellowship Hall	15 10:00 am AA Group Disciples' Room 7:00 pm Boy Scouts 7:00 pm Choir Rehearsal	16 7:00 pm Den 11 Fellowship Hall	17 6:45 pm AA Group Disciples' Room	18	19 7:00 pm AA Group Disciples' Room
20 9:00 am Sandwich Making 9:00 am Sunday School 10:30 am Worship 11:30 am Reception	21 Martin Luther King Day OFFICE CLOSED 10:00 am AA Group Disciples' Room	22 10:00 am AA Group Disciples' Room 7:00 pm Boy Scouts 7:00 pm Choir Rehearsal	23 7:00 pm Den 11 Fellowship Hall	24 6:45 pm AA Group Disciples' Room 7:00 pm Pack meeting	25 FEBRUARY NEWSLETTER DEADLINE	26 9:30 am Administrative Council Planning Session 7:00 pm AA Group Disciples' Room
27 9:00 am Sunday School 10:30 am Worship 11:30 am Reception 4:00 pm Den 1 Fellowship Hall	28 7:00 am AA Group Disciples' Room :00 pm Christmas Eve Service	29 10:00 am AA Group Disciples' Room 7:00 pm Boy Scouts 7:00 pm Choir Rehearsal	30	31 6:45 pm AA Group Disciples' Room		



Please remember to let the office know of any meetings or events you wish to schedule/announce on the church calendar!

Thank you.

Stay Informed at The Hunger Church!

Email:

Sign up on our **Listserv** page at: TheHungerChurch.org/connect to get information emailed regarding church events! It's easy and it's free.

Podcasts & Publications:

You can listen to today's sermon and others, as well as most of our special music, at TheHungerChurch.org/podcasts. Also on this site are our Sunday Bulletins, as well as the monthly Newsletter. We encourage you to share those especially meaningful to you with friends and family.



Guest WiFi:

FIOS-3LPZW-Guest

PW: CWUMC2017

NOTICE: All newsletters are emailed AND can found on our website at www.TheHungerChurch.org

If you wish to continue to receive a hard copy in the mail, you must let the church office know by either calling at 703-356-6336 or email us at charleswesleyumc@verizon.net



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TO:

Office hours:

M-F: 8:00am-Noon

Staff:

Pastor: Marti Ringenbach

Administrative Assistant, Leslie Jane Fahrney

Minister of Music: Matthew A. Duckery

Organist: Mary Brown